







Histon FC Risk Assessment



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|-----------|------------|--------------|--------------|-----------|---------------------------|
| Date | 17.12.2020 | Assessed by: | Lynn Kemp | Position: | Covid -19 Officer for HFC |
| RA Number | 005 | Review Date: | January 2021 | | |

| Who Might be Harmed | | | | |
|---------------------|---------|------------|---------|--------|
| Officers | Players | Volunteers | Coaches | Others |
| √ | √ | √ | √ | √ |

| PPE (insert √) | | Known Hazards (insert √) | |
|---|---|---|---|
|  |  |  |  |
| √ | √ | √ | √ |

| Equipment Required |
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| <ul style="list-style-type: none"> • Sanitising Spray for warm up and match equipment • First aid, PPE (masks and gloves) as per The FA First Aid Guidance • Hand sanitisers supplied at the Club pitch entrances and exits • Soap, detergents and sanitisers for the toilets • Fogging equipment for dispensing sanitising spray |



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| Activity | Task Specific Hazards(s) | Probability | | | Controls Required | Rating | | | |
|---------------|----------------------------|-------------|----------|--------|---|-------------|----------|--------|----------------|
| | | Probability | Severity | Rating | | Probability | Severity | Rating | |
| Communication | Infection risk of Covid-19 | 4 | 4 | 16 | <p>The Club will follow all the guidelines issued by the Government, The League and The FA for the return of football. Everyone – All Players / Coaches / Volunteers / Club Officials, etc will be provided with access and asked to read The FA “Code of Behaviour”.</p> <ul style="list-style-type: none"> An email will be sent to all Players / Coaches / Volunteers giving instructions / information on the Home Club’s match day procedures/risk assessment and this will be provided to any visiting teams and Match Officials prior to arrival. Coaches/Volunteers/ Players/Match Officials/visiting teams will be reassured and instructed to ensure they wash their hands and comply with social distancing. Manager / Coach will regularly communicate the required COVID-19 measures to the players, reminding them of the symptoms through telecommunications and verbally before the start of each training session or game. The manager/coach will record attendance at every training session and games for NHS Test & Trace. All players and visitors are instructed to carry out a self-assessment with regards to COVID-19 symptoms and informed not to come to the stadium, but self-isolate. Anyone who wishes to shield will be permitted to do so. Reminders will be posted on our social media sites regarding Covid-19 symptoms and not to attend games All visitors on arrival at the ground will be provided with a reminder of the symptoms of COVID-19 and the need to follow Government guidelines. Communication will be sent to all with regards to the stadium controls in place by the Club for attendance at training/matches. No indoor training or matches of any kind can take place until further notice. | 2 | 2 | 4 | Ongoing review |



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| | | | | | <ul style="list-style-type: none"> • Club Board / Committee Members responsible for the COVID-19 Policy will observe a number of matches in order to ensure compliance and reminders of compliance is adhered to. • Players will be advised not to touch training equipment aids including footballs, bibs, cones etc. (exception of goalkeeper, who must wear appropriate gloves). • Ahead of games, supporters will be reminded via posts on the club website and social media channels, not to enter the stadium if they are experiencing symptoms or if any member of their household is self-isolating. | | | |
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| Activity | Task Specific Hazards(s) | Probability | | | Control Required | Rating | | | |
|----------------|----------------------------|-------------|----------|--------|--|-------------|----------|--------|----------------|
| | | Probability | Severity | Rating | | Probability | Severity | Rating | |
| Access Control | Infection risk of Covid-19 | 4 | 4 | 16 | <ul style="list-style-type: none"> • Manned access control will be managed via the turnstiles. • We will support NHS Track & Trace by ensuring that all supporters, staff and participants record their details via the NHS App, the EvePass App, via online advance ticket or season ticket sales or manually as necessary. • A one-way system will operate around the ground as far as reasonably possible with social distancing markers in place. • PPE will be provided if medical assistance is required and social distancing is not possible. • Manager / Coach will have sufficient Hand gel and bacterial wipes to ensure all players can clean their hands regularly during training. • Hand sanitiser is provided upon entering the ground, while inside the ground and exiting the ground. • Signage on entrance and inside the stadium will provide guidance and reminders of social distancing measures. | 2 | 3 | 6 | Ongoing review |
| Activity | Task Specific Hazards(s) | Probability | | | Control Required | Rating | | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating | |



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| H & S Arrangements and First Aid | Infection risk of Covid-19 | 4 | 4 | 16 | <ul style="list-style-type: none"> Medical and PPE provision is available at the ground to follow The FA PPE level requirements for First Aid. First Aiders are advised to wash hands after treatment and record name date and treatment provided for NHS track and trace process. Suitable sanitisation process in place for stadium touchpoints. Signage regarding handwashing and social distancing is displayed. Handwash, sanitiser and wipes are available. | 2 | 2 | 4 |
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| Activity | Task Specific Hazards(s) | Probability | | | Control Required | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Break times / half time | Infection risk of Covid-19 | 5 | 3 | 15 | <ul style="list-style-type: none"> Players will be reminded to keep social distancing a priority during any breaks. Players will be asked to bring their own named water bottles, hand sanitiser and sun cream for their training or match session which are to be used during, before and after any break. Volunteers/Staff reminded of social distancing. Tannoy announcements will be made to remind everyone of social distancing | 2 | 2 | 4 |
| Activity | Task Specific Hazards(s) | Probability | | | Control required | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Toilets | Infection risk of Covid-19 | 4 | 4 | 16 | <ul style="list-style-type: none"> Toilets will be treated as required with sanitising solution to combat COVID-19 and other viruses. Toilets will have a one-way system with a one in one out approach, where possible. During pitch opening times, the toilets will be checked hourly for consumables and sanitising wipes as required. | 2 | 2 | 4 |
| Activity | Task Specific Hazards(s) | Probability | | | Control Require | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Spectator stands and terracing | Infection risk of Covid-19 | 4 | 4 | 16 | <ul style="list-style-type: none"> Terracing areas will have reminders about social distancing in place for match attendees. | 1 | 1 | 1 |



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| | | | | | <ul style="list-style-type: none"> The Steve Fallon Stand will not be open for spectator seating and access in front of the Stand will be restricted. The Cambs FA Stand will be open, but supporters are asked to note the one-way systems in place and to be particularly vigilant in maintaining social distancing in areas that are likely to be busier than others. | | | |
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| Activity | Task Specific Hazards(s) | Probability | | | | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Competitive match play and training | Infection risk of Covid-19 | 4 | 4 | 16 | <ul style="list-style-type: none"> Histon FC & Cambridge City FC will be affiliated with Cambridgeshire County Football Association prior to match play. Safety briefings prior to competitive activities should be provided reminding participants of The FA 'Code of Behaviour' and the requirement to social distance during breaks in play. To support NHS Test and Trace a paper-based register will be taken which will include names of players who have attended the training session (for games please see "Access Control" above). Sharing of Information – where possible, 24 hours prior to our home game the Covid Officer or Club Secretary will provide a copy of our Risk Assessment to the opposition team for review and questions and for away games the manager will request a copy of the away teams' risk assessment a minimum of 24hrs prior to kick-off. This will then be shared with the players via the WhatsApp group ahead of the game. Pre-match handshakes will not happen. Instead, players will be asked to hand-sanitise before kick-off. Team talk huddles should not take place. Team talks can take place as long as social distancing is observed and held outdoors where possible. Warm-ups/cool-downs should always observe social distancing. Coaches, other team staff and substitutes are allowed, but must also always observe social distancing on touchline/dug outs. Social distancing must also be observed during interactions when | 2 | 2 | 4 |



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| | | | | | <p>a substitution is being made; Additional seating will be provided to allow for social distancing.</p> <ul style="list-style-type: none"> • Set plays - freekicks: Referees and Coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls. • Set plays - corners should also be taken promptly to limit prolonged close marking and goal posts should be wiped down before matches, after matches and at half time. • Goal celebrations should be avoided. • Interactions with Referees and Assistants Referees should only happen with players observing social distancing. • Footballs should not be handled unless for throw-ins and if the ball goes outside of the pitch confines then it should be sanitised before-entering play and alternative sanitised ball used to help the game flow. Use of foot instead of hands where possible. • Goalkeepers to disinfect their gloves regularly. • Technical Area will have additional seating provided to allow for social distancing to take place. | | | |
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| Activity | Task Specific Hazards(s) | Probability | | | Control Required | Rating | | |
|--------------------------|----------------------------|-------------|----------|--------|--|-------------|----------|-------------------------|
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Changing rooms / showers | Infection risk of Covid-19 | 4 | 5 | 20 | <ul style="list-style-type: none"> • All teams and Officials will be asked to attend the match already changed whenever possible. • All players/Coaches/ Match Officials are requested to shower at home after matches. Showers in the dressing rooms will NOT be used. • Where changing rooms are to be used then they will be treated with sanitising solution to combat COVID-19 and other viruses. • Changing room windows will be open to allow for ventilation. | 2 | 2 | 4 Ongoing review |



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| | | | | | <ul style="list-style-type: none"> Only authorised personnel to access changing rooms and each will be clearly marked with the maximum number of individuals permitted access and this communicated to all teams and Officials. Where players use the dressing room for changing before or after the game, a maximum of 6 will be allowed inside at any one time. 11 players and manager allowed in the dressing room for the pre-match team talk. Changing rooms will only be used for changing and team talks and for no other purpose. | | | |
|--|----------------------------|-------------|----------|--------|---|-------------|----------|---------------------|
| Activity | Task Specific Hazards(s) | Probability | | | Severity | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Travelling, car parking and external areas outside the football ground | Infection risk of Covid-19 | 5 | 4 | 20 | <ul style="list-style-type: none"> All participants will be reminded of the need to comply with the latest Government legislation for travelling to and from matches. Users of Local Authority car parks and the park area are reminded to maintain social distancing and follow Government guidelines. Club will not authorise the sharing of vehicles unless family members but will advise participants of the importance of vehicle hygiene, personal hygiene, ventilation, and face masks should a situation arise where it may occur. | 2 | 3 | 6 Ongoing review |
| Activity | Task Specific Hazards(s) | Probability | | | Severity | Rating | | |
| | | Probability | Severity | Rating | | Probability | Severity | Rating |
| Storerooms and Club House | Infection risk of Covid 19 | 5 | 4 | 20 | <ul style="list-style-type: none"> Until further notice the clubhouse/bar will be closed for all matches. Refreshments will be available via the food outlet in the Cambs FA Stand subject to any further restrictions imposed by South Cambs District Council. | 1 | 1 | 1 Ongoing review |



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| | | | | | <ul style="list-style-type: none"> There is a queuing system in place with signage and appropriate barriers to ensure social distancing is maintained when approaching the food outlet. In order to remove the risk of aerosol droplets, hand dryers will be switched off and paper towels used in hand washing areas. | | | |
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Ensure that you always follow social distancing measures. If you are unsure of any processes, then please ask.

| RISK MATRIX | | Severity | | | | |
|-------------------|-----------------------------------|------------------------|-----------------|--------------------|-----------------|------------------------|
| | | 1: Insignificant (1-5) | 2: Minor (2-10) | 3: Moderate (3-15) | 4: Major (4-20) | 5: Catastrophic (5-25) |
| Likelihood | 5: CERTAIN (> 90%) | Moderate | High | EXTREME | EXTREME | EXTREME |
| | 4: LIKELY (50 to 90%) | Moderate | Moderate | High | EXTREME | EXTREME |
| | 3: POSSIBLE (20 to 49%) | Low | Moderate | High | EXTREME | EXTREME |
| | 2: UNLIKELY (5 to 19%) | Low | Low | Moderate | High | EXTREME |
| | 1: RARE (<5%) | Low | Low | Moderate | Moderate | High |